Chestnut Park Primary School

PSEH Vision

Rational

- The school defines the school's curriculum vision with in the Futura Curriculum.
- The purpose of this document is to clarify the vision for children as confident individuals.

Intent

- PSHE is at the core of what we do and enables our children to become independent, confident, healthy and responsible members of society, as well as developing the "whole child" intellectually, morally, socially and spiritually.
- Through our whole-school approach to PSHE, it is our belief that excellence in these areas will lead to excellence across the curriculum and beyond in later life.
- PSHE is taught across the school from Preschool - Year 6 on a weekly basis and as a school, we follow the Jigsaw PSHE scheme.
- Our PSHE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health.
- With an ever changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community.
- Weaving through the heart of our PSHE teaching, is a commitment to enhancing and promoting our core Heart values; honesty, empathy, appreciation, respect, and trust.
- Children will become inspired to develop a curiosity as they develop the knowledge, skills and attributes they need to manage their lives, now and in the future.
- We will support children to stay healthy and safe, while preparing them to make the most of life and work.
- A broader PSHE program through using the Jigsaw program will also cover economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing risk.
- Our PSHE education will help pupils to achieve their full academic potential.

Implementation

- In the Foundation Stage, PSHE and citizenship is taught as an integral part of themed enquiry work and is embedded throughout the curriculum.
- Reception also use the Jigsaw Scheme of Work materials. (see below)

- In Key Stage 1 and Key Stage 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum.
- We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World. These are the learning opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.

- Pupils are taught PSHE using 'Jigsaw' which is a spiral, progressive scheme of work to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'.
- The Jigsaw programe remains vitally important for pupils personal development and economic wellbeing. These learning opportunities will be used rigorously on a weekly basis to deliver the lessons but can and will be adapted according to pupils development, readiness and needs, and taking into account prior learning, experience and understanding.
- The Jigsaw program addresses both pupils 'current experiences and preparation for their future. It provides a spiral curriculum to develop knowledge, skills and attributes, where prior learning is revisited, reinforced and extended year on year.
- There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus.
- It is important that pupils recognise their PSHE education as relevant and applicable across many important areas of their lives.
- Unlike many other subjects, much of the specific knowledge taught in PSHE education changes regularly, for example as a result of legal changes, medical or technological advances. It is therefore important to ensure that all information used to develop pupils knowledge on any aspect of PSHE education is up to date, accurate, unbiased and balanced.

- At Chestnut Park, in addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we teach about different kinds of relationships, including same sex relationships, and gender identity because it is important that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain. The Sex Education aspects of PSHE are also taught through the 'Jigsaw'.

- PSHE is taught through Jigsaw's six half termly themes with each year group studying the same unit at the same time (at their own level):

    - Autumn 1: Being Me in My World
      Autumn 2: Differences (including anti-bullying)
    - Spring 1: Dreams and Goals
    - Spring 2: Healthy Me
    - Summer 1: Relationships
    - Summer 2: Changing Me (including Sex Education)

- It also identifies links to British Values, and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

Wider Curriculum

- We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness.
- We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and PSHE aims and values, and we focus on Growth Mindsets in all aspects of school life.
- PSHE is an integral part of the whole school curriculum, and is therefore often taught within another subject area.
- Visitors such as emergency services and the school nurse complement our PSHE curriculum to offer additional learning.
- We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our pupils to look for opportunities to show the school values.
- Assemblies, linked to PSHE, British Values and the school values cover any additional sessions that would complement teaching in class and benefit the whole school.
- PSHE displays throughout school reinforce the PSHE curriculum enabling children to make links within their learning.

Impact

By the time children leave Chestnut Park School they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to understand and manage their emotions
- be able to look after their mental health and well-being
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in RSE at an age appropriate level
- have respect for themselves and others
- have a positive self esteem.